

Sexual and reproductive health support for vulnerable individuals and communities during COVID-19

As your service supports some of our more vulnerable individuals and communities, we wanted to let you know that **our sexual and reproductive health services are open**. They have reduced their face to face appointments to reduce the risk of COVID-19 infection but **they will be able to triage and consult by phone and, where needed, see urgent, priority or vulnerable clients in person**. They may also be able to post out or arrange for collection of sexually transmitted infection test kits and/or contraception (pills, condoms).

General practice remains open to provide contraception, including emergency contraception, using triage and telephone consultation with face to face appointments when necessary.

As with all services Phone First.

Details of our local service offer are here: *Add link to local website information, including young people specific services or advice*

Information for the public on what to do about contraception, emergency contraception, abortion, sexually transmitted infections, HIV and sexual assault during Covid-19 is on [Sexwise](#). This includes links to other organisations providing information and support.

To help ensure any sexual or reproductive health needs are identified, we recommend practitioners in your service proactively offer support to clients following the **MECC** approach of **Ask, Assist, Act**.

Ask: Do you need any help with contraception, emergency contraception, pregnancy support or sexually transmitted infections?

Assist: You can find more information on [Sexwise](#) and these are the local services or GP you can make contact with.

Act: Find the nearest relevant service or the client's GP, and help the client make an appointment. As some service users may not have access to a private phone for a telephone consultation, if you are able to make one available safely, this would be very helpful.

Optional: If you have any questions or concerns about SRH support please contact... *(insert local contact)*

Other urgent help

As you are aware, Covid 19 and the lockdown has caused additional economic hardship and stress for many. Please refer people in need to local authority support services *(local website and phone number to be inserted)*