# WHAT ARE THE TOP 5 THINGS YOU ARE DOING / PLANNING TO REDUCE FACE TO FACE ACTIVITY IN STI / GUM SERVICES?

Directing to e-services	50%
Telephone consultations	70%
Decreasing frequency between follow-up visits	50%
Home-based therapies	33%
Triage	70%
Directing to other providers (e.g. community pharmacy)	20%
Posting FP10's to patients (so they do not have to attend for treatment	20%
Displaying posters instructing anyone with respiratory symptoms to leave	60%

We are currently planning our response should there be advice from government and PHE. We are considering all the options on the list but haven't yet implemented any but the posters. We have moved the waiting room chairs to try and minimise any face to face contact and allocated a room should a patient present with symptoms. Postal kits for testing Flexing of staff Accelerated vaccination regimes for sexual assault and PEPSE only Looking to scale up FP10 provision We are looking at posting treatments to them Setting up facilities for online work. Referring service users to clinics only if essential Discontinuing low risk STI testing, non-urgent services Stopping all walk-in clinics We are working out medications collection pathway (staggering out, rearranging waiting area for spaced out seating) We are exploring syndromic approach For CT pos who need recall, do info and PN over the phone then leave Chlamydia Rx packs (Tabs, C-Slips, Condoms) at reception for them to collect. For TOCs - phone and collect self sampling kits (and post back to us like CSP) Consider staff lounge or meeting room to become a Creche to enable staff to continue to work and share childcare if schools or nurseries close! Patients take their own throat swabs (supervised) Delaying vaccinations and non-urgent treatments No such plan is done yet Displaying HPS and NHS Scotland posters regarding COVID19 reducing/cancelling services Posting meds vc ptk Not aware of what plans are being put in place Only operating an emergency service if the outbreak of Coronavirus becomes worse

Use NHS ATTEND ANYWHERE

### WHAT ARE THE TOP 5 THINGS YOU ARE DOING / PLANNING TO REDUCE FACE TO FACE ACTIVITY IN CONTRACEPTION SERVICES?

Contacted GPs with FSRH advice on managing their patients. Considering reducing appointments for routine Opting for POP if we are unable to confirm obs/etc Telephone consultations Medicines left for collection Scripts issued Supply 1 yr of method. supply condoms/pop for those on depo who may not be able to reattend Don't know LARC appointments we are bridging patients Only give <19s basic contraception as per contract so less demand Unable to comment at present **Prioritising LARC** Move to online assessments and posting of contraceptive pills to avoid visiting clinics for non urgent causes phone consult, post out pills, condoms etc Expand online contraception Signpost for EC Not appropriate to Decreasing booked procedure appointments Text and internet visibility to encourage non attendance Screening for COVID risk at the main door to turn away high risk Strict telephone and live doctor and nurse triage Social distancing in the waiting room Support staff N/A Online contraception (but not available) Telephone to increase online kits suggest add Herpes and Bacterial MC&S swabs to kits if necessary Video consults (not available) Walk-in converted to telephone calls instead We'll probably need to increase contraception services as GP capacity will be dramatically reduced (it is already) Reduce other workload to create capacity e.g. 1) Stable suppressed HIV caseload - all cases in next 2months are being phoned to do teleconsultation now and if no issue, collect meds for 3-6m. Defer VL testing 2) All PrEP caseload in next 6 wks same as above, collect meds and use online testing 3) Prioritise "those with STI needing rx">"those with symptoms needing Ix">"Preventative measure" i.e. delay subsequent vaccine appointments 4) Consider syndromic approach and history based diagnosis and patient getting oral therapy by post / collection only 5) Maintain staff communication re staffing level, daily upkeeping of COVID information, reduce staff anxiety Triaging to see urgent eg EC

Longer scripts

Trying to identify urgent vital ; important ; standard and nice to have categories of provision Trying to get DTC to change the PGDs for EC to over 25s

Discussions with Online Service Provider re contraception postage

Getting FP10s printed for the services

**Prioritising LARC** 

Reduce routine contraception

Redirect EHC to pharmacies

Space out appointments

Delaying planned procedures, triage over the phone, Exploring online prescribing (difficulty co-ordinating with CCGs) Not seeing routine contraception instead issuing Longer prescriptions Supplying condoms to those who cannot book appts Managing access to the service - having door on buzz release so patients can be let in one at a time, then triage with confidentiality maintained in the waiting area. Longer prescriptions for pills and patch, ring. Give out sayana press, encourage LARCs and do see and fits where possible, follow up OCP by FP10 There have been no restrictions to practice thus far No plan has been done yet Suspended online booking Triaging all new appointments Telephone consultations Posting prescriptions pragmatic approach on replacing larc, condom provision To create a protocol for phone consultation Send by post or collection point planning to post bridging oral methods if can't see LARC Phone consultations Not aware of any planning yet lengthening follow up, considering need for routine screening Emergency contraception only provided NHS ATTEND ANYWHERE Continue LARC but administer screening tool

#### HOW DO YOU ENVISAGE ONLINE SERVICE PROVIDERS ASSISTING YOU IN YOUR SERVICE GOALS?

We will be redirecting patients to the online offer and/or sending out test kits following telecon Asymptomatic screening only

Cannot afford to increase use of online providers in our current financial envelope

Testing remaining in house using our own e-service

We have an online service which we may need to scale up (how will we be paid for this? Expand STI testing

Signpost/facilitate for pharmacy-based treatment

It will help clients to make contact and carry on with their therapies.

(It would be a) Great help having online services

I hope they do as lots of screening, Test of Cure and simple Contraception could be done

I work for the e-service and we would need assistance from staff working in terrestrial clinics

We provide online services

We have our own in-house

Don't have any access to meaningful e-services

Easy access to postal testing kits and making appointments would be fantastic

Yes, but we would be concerned online service becoming overwhelmed too

We have online testing which is capped on a daily basis, planning to increase tests

We already do online testing and contraception

I am hoping that the Collective BASHH response will be to demand commissioning and funding for universal coverage across the country with drug delivery options

At the moment maintaining the same level of service, asymptomatic screening only and CT treatment Already met with them. Uncapping the service to exploring delivery chlamydia treatment and contraception discussed

Scale up postal testing rapidly

They are already doing most testing they can. We see mostly symptomatic patients who need examination, microscopy.

N/A (no access)

not sure

More postal testing and treatment

we have none available

increase awareness and coverage of online testing services

Don't Know

As much as they can given the evolving circumstances

Increase remit ? Simple discharge Commissioners should allow increased access to SHL

no but would be helpful

No option for this currently

We already have an online asymp testing service. Assume services such as LIVI may take some load We do not have online services yet in Scotland - we hope we might be able to engage them but suspect we will be last in line (understandably)

Routine contraception could be ordered online from GP and picked up from Pharmacy (not us) Nothing

## IS THERE ANYTHING YOU FEEL BASHH CAN DO TO SUPPORT YOU DURING THE ONGOING COVID-19 OUTBREAK?

Sharing of any documentation and practice which other services are implementing continue to share ideas

National recommendations

lobby to more funds to allow online testing would be useful in our case

liaise with prep impact re contingency plans for those patients (so far I haven't had a planned response as still discussing but limiting our ability to plan)

Sharing the relevant updates.

Keep clear updates on national recommendations and sharing of best practice

Discussion or guidelines for throat swab taking please. Do we need to continue taking throat pcrs for aasymptomatic female patients with had unprotected active oral sex?

Regular comms to share sexual health contingency plans as examples of best practice, lobbying sexual health commissioners to ensure a coordinated COVID-19 approach for the provision of services across UK, stopping marginal rates during the COVID-19 outbreak, scaling up online e-services, centralised patient advice lines across UK networks

Share best practice, provide some alternative strategies

Explore how to centralise phone advice (across multiple providers)

Up to date information is very helpful.

Maybe support clinics to ensure who are the patients who must be seen from additional public health perspective

Share wider services experience

KEEP US UPDATED PLEASE!

Collate and share advice and good practice.

Advise on prioritisation of STI testing

A publicity campaign through the NHS and to private care

Yes, I would direction some attention to document published in 2009 by RCP "Preparation for Pandemic Flu" which has very useful information on GUM situations, written by Simon Barton/Jackie Sherrard. It would be useful if BASHH could reflect on its application to now and circulate accordingly with or without amendments for COVID

Keep communication on Support services

Keep STIs in the public eye otherwise people forget

Weekly updates Let us know what the outcomes of this survey are very quickly

continue to share good practice, perhaps creating a board on the website for sharing information, list of what is considered minimum/urgent services in GUM/Contraception

Share the continuity plans and triage documents . Lobby government to make ccgs engage and not just send all contraception to us ( eg help pay for online contraception services). If not our services will reduce , women will have nowhere to go and unintended pregnancies will Increase

Provide relevant information

Give guidelines on remote prescribing. Where appropriate.

Online GC culture testing guidance or antibiotic sensitivity testing.

Regular updates regarding transmission routes (COVID)

Keep us up to date regarding any additional precautions for PLWHIV, or any data on the dangers of increasing STI during the epidemic and how to mitigate this

support in the delaying of routine care ie peace of mind testing advice as to how and what patients to push back after the worst of the outbreak

regular updates and advice

Contingency plans, close eye on Sti rates, public info

Advice re prioritisation and ideas from other areas

More information / tips on dealing with the issue

Unsure

Sharing of BCPs, SOPs for modifications to services e.g. we have decided to move now to self-taken pharyngeal sampling

Share good practice from services using social media maybe a dedicated tweet account

#### ANY OTHER COMMENTS

Post CoVID-19, the reduced activity / income will put services under immense financial pressure in 2020/21.

If patients haven't been able to access services, marked increase in STIs and complications post COVID-19.

Importance of debrief and support of staff affected by CoVID-19

Would it be possible to have a list of the psychotherapists/psychosexual therapists you have in your membership? It could be helpful to hear from them.

War times Collateral damage of this epidemic will be huge

Opportunities to re think completely the way we deliver services

You are all superstars and should each be given a golden ducat from my treasure chest

It is vital that any remote patient care is still re-imbursed to allow services to be paid for what they do. BASHH is a British organisation, but I find that many of the questions are very England specific (e.g. PHE, commissioning etc), with no reference to the differences in the devolved nations. E.g question 1 -No Trusts in Scotland, Question 2. No option to put N/a - We do not have local authority or commissioning in Scotland.

Thanks for doing this

need to feedback impact on care nationally

Excellent idea to share resources and advice